

2nd February 2008

Hi Marilyn

I had some sessions with you exactly one year ago and I had a sudden urge to let you know how things have transpired for me since then. I also would like to say thank you for your regular newsletters, I read them with interest and am glad for you that you are having such wonderful and varied experiences.

When I came to you I was struggling with managing my feelings and also really wanted my husband and I to have a baby. One of the Timeline sessions opened my eyes about who I really was and led me to consider life on a much deeper level than I had before. On my last session with you we discussed 'Cosmic Ordering' and I asked you if you thought matter could be influenced by our own energy. You answered 'Absolutely!' This also led me to think of life in new ways.

A chain of events led me to complete my first Reiki course in the March and I undertook the second in June. During March I began to read some books regarding 'reality' and I was led to the film 'The Secret' around this time.

Initially I found much resistance in my life as I worked at aligning myself with my desires. However throughout last year I have found myself becoming much more balanced and in charge of my feelings. My relationship with my husband has improved dramatically as have my relationships with my children, my parents and everyone else. I did fall pregnant and we are expecting our baby this summer, which we are all incredibly happy about.

I am still working in social work, but I reduced my hours to deal with the stress the job placed on my life. I am now also focusing my energy and beliefs toward manifesting a more empowering line of work with others that is helpful and positive for them and provides me with interesting experiences and good financial reward.

I had once had a desire to do my Reiki courses and potentially then take that on to learning NLP. I'm not yet sure if this is the right path for me, however I would be interested to hear from you any thoughts you have, since you have done this yourself with great success. I would also be grateful for any recommendations you would make about any courses (toward learning coaching etc.), or in fact any other ideas that come to you!

I would like to thank you for your Coaching a year ago, that literally did set off for me the most enlightening year of my life so far. I would also like to commend you for ensuring that 'The Secret' is spread around to as many people as possible, helping many people to change their lives for the better.

Fondest Wishes

Mrs S